



Dennis Craddock  
Coaches Classic  
Friday & Saturday  
April 12<sup>th</sup> - 13<sup>th</sup>



**MEET INFORMATION**

**Meet Director**

Jake Reed

Phone: 740-816-0004

E-mail: reed\_s@lynchburg.edu

**Meet Entry:** All participating teams must enter through Direct Athletics([www.directathletics.com](http://www.directathletics.com)).

**Entry Information:** Please e-mail Jake Reed at [reed\\_s@lynchburg.edu](mailto:reed_s@lynchburg.edu) if you are interested.

**Entry Eligibility:** Open men's and women's collegiate competition. Unattached athletes are welcome but must receive acceptance from meet director prior to registration. There will be limited spots available for unattached athletes as field size must be limited. The meet director reserves the right to accept or deny any entry. **FIELD EVENTS WILL BE LIMITED TO 3 ATHLETES PER TEAM. EXCEPTION WITH HORIZONTAL JUMPS, THEY WILL BE LIMITED TO 5 ATHLETES PER TEAM.** Teams have the ability to request more field event entries and flights will be filled with next best mark if there is availability. Please send all request to [reed\\_s@lynchburg.edu](mailto:reed_s@lynchburg.edu) and we will do our best to accommodate them.

**Entry Fee:** \$450 per gender, more than 7 athletes constitute a team. Open entries, \$25 per athlete, and \$50 per relay (\$25 per athlete not already in an event). Meet payment is due at the time of registration and will be collected through Direct Athletics. Entries are not finalized until payment is made.

**Entry Deadlines:** All entry deadlines will be posted on [www.directathletics.com](http://www.directathletics.com). **Entries will close at 11:59pm (eastern) on Tuesday, April 9<sup>th</sup>.** Performance lists and final schedule will be posted by 7:00pm Wednesday, April 10<sup>th</sup> on the T&F home meet information page: <http://www.lynchburgsports.com/sports/track/index>

**Team Camp Areas/Parking:** Teams are open to set up camp anywhere around the surrounding track area. Please no team camps inside Turner Gymnasium. **Be aware bus parking will be located close by off campus please plan accordingly.**

**Warm Up Areas:** Athletes are welcome to warm-up in the infield. We ask that athletes not competing are mindful of athletes warming up in the infield and do not congest this area. Spectating from the infield will be allowed but we ask that you be mindful of the athletes warming up around you.

**Restrooms:** Restrooms will be available in the entryway of Turner Gymnasium but we ask that athletes refrain from entering the gym itself. There will be portable restrooms available for use around the track and close by the throws facility.

**Campus Buildings:** All campus buildings outside of the Turner restrooms are strictly off limits unless there is inclement weather. In case of emergency, we will utilize Wake Fieldhouse.

**Locker Rooms/Showers:** Locker rooms and showers will not be available.

**The Facility:** A state-of-the-art track & field facility. The facility features a top of the line 8 lane 115' degree turn radius polyurethane embedded track with two-directional long jump, pole vault, and high jump capabilities. Fully automatic timing will be provided by [Blue Ridge Timing](#) with live results posted on-line. The throwing facilities feature a full hammer/discus cage and the javelin is thrown off a runway.

**Check-in Procedures:**

Check in will take place at the red tent in the infield

**Track Events:** Check in will begin 90 minutes prior to an event and all athletes must be checked in **at least 30 minutes prior** to the scheduled start time. Declarations: 200 meter athletes need to declare an hour before their event! Those in the 200 meter dash **MUST DECLARE** 60 minutes prior to the scheduled start time. Scratches will then be made, the race will be re-seeded. (this allows for full heats of each race)

**Field Events:** Report to the event site **at least 30 minutes prior** to scheduled start time. Warm-up times for all throws events will be limited to 20 minutes due to the size of the fields. Warm-ups between each flight will also be limited to 10 minutes.

**Rules:**

1. If you do not check in on time, you may be scratched.
2. Keep the track clear during all running events. If you are not competing, we ask that you remain off the track unless actively warming up.
3. Please help us keep our facility clean by cleaning up your team's area when you leave.
4. Infield may be used for warm-ups, please be mindful of athletes that may be warming up while coaching or spectating.

**Athletic Trainers:** We will have athletic trainers on site one hour prior to when competition begins. No modalities will be provided for visiting teams so please plan accordingly (heat, ultrasounds, stem, etc.) They will be available for taping needs and ice if needed.

**Spikes:** Maximum spike length will be **¼ inch pyramids**. Athletes may be disqualified for illegal spikes.

**Starting Heights:** Will be determined based on entries.

**Implements:** All implements will be weighed in at the check-in time provided on the schedule. If there are any extenuating circumstances we will try to be as accommodating as possible.

**Results:** Live results will be posted on Blue Ridge Timing's website, and will also be available on our home page. Links to both of those pages are provided below. <http://www.blueridgetiming.com/>  
<http://www.lynchburgsports.com/sports/track/index>



## Dennis Craddock Coaches Classic

*Friday & Saturday, April 12<sup>th</sup>-13<sup>th</sup>, 2024*

### FRIDAY SCHEDULE OF FIELD EVENTS

*\* Subject to change based on entries*

TIME	EVENT	SECTION
10:30am	Implement Certification	
12:00pm	Javelin – WOMEN	FINALS
2:30pm	Javelin – MEN	FINALS
4:00pm	Pole Vault – WOMEN	FINALS
4:00pm	Long Jump – MEN CHAMPIONSHIP	FINALS
4:00pm	Long Jump – MEN OPEN	OPEN
5:00pm	Hammer – MEN	FINALS
6:30pm	Pole Vault – MEN	FINALS
6:30pm	Long Jump – WOMEN CHAMPIONSHIP	FINALS
6:30pm	Long Jump – WOMEN OPEN	OPEN

### FRIDAY SCHEDULE OF TRACK EVENTS

*\* Subject to change based on entries*

TIME	EVENT	SECTION
5:00pm	1500 Meter Run (WOMEN)	FINALS
	1500 Meter Run (MEN)	FINALS
	5000 Meter Run (WOMEN)	FINALS
	5000 Meter Run (MEN)	FINALS
	Invitational Mile (WOMEN)	FINALS
	Invitational Mile (MEN)	FINALS
	4x400 Meter Relay (WOMEN)	FINALS
	4x400 Meter Relay (MEN)	FINALS
	Invitational 5000 Meter Run (WOMEN)	FINALS
	Invitational 5000 Meter Run (MEN)	FINALS
	10,000 Meter Run (WOMEN)	FINALS
	10,000 Meter Run (MEN)	FINALS

## **SATURDAY SCHEDULE OF FIELD EVENTS**

*\*Subject to change based on entries*

<b>TIME</b>	<b>EVENT</b>	<b>SECTION</b>
8:30am	Implement Certification	
10:00am	Hammer – WOMEN	FINALS
10:30am	Triple Jump – MEN CHAMPIONSHIP	FINALS
10:30am	Triple Jump – MEN OPEN	OPEN
11:00am	High Jump – WOMEN	FINALS
12:00pm	Shot Put – WOMEN	FINALS
12:30pm	Discus – MEN	FINALS
1:00pm	High Jump – MEN	FINALS
1:00pm	Triple Jump – WOMEN CHAMPIONSHIP	FINALS
1:00pm	Triple Jump – WOMEN OPEN	OPEN
3:00pm	Shot Put – MEN	FINALS
3:00pm	Discus – WOMEN	FINALS

## **SATURDAY SCHEDULE OF TRACK EVENTS**

*\*Subject to change based on entries*

<b>TIME</b>	<b>EVENT</b>	<b>SECTIONS</b>
11:00am	4x100 Meter Relay (MEN)	FINALS
	4x100 Meter Relay (WOMEN)	FINALS
	SENIOR RECOGNITION	
	100 Meter Dash (MEN)	FINALS
	100 Meter Dash (WOMEN)	FINALS
	110 Meter Hurdles (MEN)	FINALS
	100 Meter Hurdles (WOMEN)	FINALS
	400 Meter Dash (MEN)	FINALS
	400 Meter Dash (WOMEN)	FINALS
	800 Meter Run (MEN)	FINALS
	800 Meter Run (WOMEN)	FINALS
	400 Meter Hurdles (MEN)	FINALS
	400 Meter Hurdles (WOMEN)	FINALS
	200 Meter Dash (MEN)	FINALS
	200 Meter Dash (WOMEN)	FINALS
	Steeple Chase (MEN)	FINALS
	Steeple Chase (WOMEN)	FINALS